



**A Matter of Balance -Volunteer Lay Leader Model
Master Trainer Session
Day One
8:30 AM- 4:30 PM**

- I. Welcome**
- II. Introductions and Our Plan for Today**
- III. A Matter of Balance Volunteer Lay Leader Model Overview**
- IV. A Matter of Balance Materials**
- V. Coaching Tips**
- VI. Introduction to Sessions 1 to 6**
- VII. Questions & Plans for Next Time
Homework Assignments**